



SURGERY CENTER OF SOUTHERN OREGON, LLC
2798 E Barnett RD Medford, OR 97504

PATIENT PRE-PROCEDURE INSTRUCTIONS FOR ENDOSCOPY

PLEASE CAREFULLY READ ALL INSTRUCTIONS

One week prior to your procedure, a nurse will call you with time of arrival and specific instructions pertaining to your procedure. If you have not received a telephone call by 4:00pm the day before your procedure, please call a member of our staff at 858-8100. Please note that your scheduled arrival and procedure time may be different from that on your paperwork. We will ask you to arrive approximately 1 hour and 15 minutes prior to your scheduled procedure time. If you are unable to keep your appointment, please contact your gastroenterologist's office.

Food and Drink:

Follow your diet and preparation instructions from your gastroenterologist's office. Please contact your doctor if you have not received these instructions. You may have clear liquids (liquids that you can see through and that do not have any pulp or dairy) up until four hours prior to your procedure time. Do not drink anything after that. **Food or water in your stomach could cause serious complications during and after your procedure.** You may brush your teeth but do not swallow any water.

Medications: Please take your heart, blood pressure, seizure and asthma medications with a small sip of water at least four hours prior to your procedure time. Do not take any other medications unless instructed by your doctor. **Do not take insulin or oral diabetic medications, blood thinners, diuretics, vitamins or supplements on the day of your procedure. Consult with Gastroenterology Consultants about how long you are to hold your A1c lowering medication.**

Day of Procedure:

Please understand that those providing your care may ask you the same questions that you've already been asked. While this may be frustrating, it is to prevent medical errors and to ensure your safety.

- **You must have a responsible adult to drive you home after your procedure.** Please understand that your procedure will be cancelled if you do not have a responsible adult driver. A responsible driver is an adult who will ensure you get into your home safely.
- Leave all valuables at home. (These include jewelry, watches, and cell phones). The Surgery Center is not responsible for loss or damage of valuables.
- Please bring a list of your medications and allergies, a photo ID and your insurance card(s).
- If you wear glasses, please bring a case to put them in.
- Please contact us prior to the day of your procedure if you have an active infection or illness.

Your Arrival: After you are registered, a nurse will prepare you for the procedure and answer any questions you may have. Your physician will also see you prior to your procedure.

After your procedure: Immediately following your procedure you will be taken back to your private room where a professionally trained staff of nurses will monitor your recovery. The doctor will inform you about the findings of your procedure and give you a written report. You will receive specific postoperative instructions before you are discharged.